



## ***PRE AND POST-OP LASIK INSTRUCTIONS***

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### **PRE-OP INSTRUCTIONS FOR LASIK VISION CORRECTION**

- Leave soft contact lenses out at least one week prior to surgery and hard/gas permeable lenses out for at least three weeks.
- Use preservative-free artificial tears four times a day for one week prior to surgery.
- Do lid scrubs two times a day (morning and night), starting four days prior to surgery.

### **Morning of Surgery**

- Do not use **ANY** artificial tears or other eye drops.
- Do not apply any form of **make-up, lotion, after shave, scented deodorant, cologne, perfume, or body spray**. Non-Scented deodorants are permitted. Any scent will affect the programming of the laser.
- Eat a light meal at least two hours prior to surgery.
- Your visit will last approximately 2 hours.
- Arrange transportation for someone to drive you home after your procedure.

### **Payment for vision correction surgery**

- Personal Checks (**No later than 5 days prior to procedure**)
- American Express, Visa, Mastercard, Discover, Money Orders and Cash.
- We also offer Care Credit financing

### **POST-OP INSTRUCTIONS**

- Start your eye drop/drops when you get home.
- There may be variable discomfort in the first 24-72 hours. You may experience excessive tearing and your eyes may feel gritty. This is normal and may last up to one week. Using preservative-free tears more frequently may help relieve these symptoms.
- Wear the plastic goggles when you go to bed for the first week after your surgery. This is used to protect the eye/eyes when you are sleeping.

- Your vision will be blurry initially and will fluctuate for the first few weeks. This can last up to three months.
- You may notice light sensitivity and should wear sunglasses when outdoors.
- Go home and rest keeping both eyes closed as much as possible for the first 24 hours.  
**DO NOT RUB YOUR EYES.**
- **Do not wear make-up for at least one week following surgery.**
- **No swimming, sauna, or hot tubs for two weeks following surgery.**
- Try to avoid dusty, dirty, sandy and windy environments as much as possible in the early weeks after surgery.
- Broken blood vessels or redness in the white part of the eye after surgery is very common and it may take up to three weeks for it to go away.

**Date of surgery:** \_\_\_\_\_

**Surgery Location: Michigan Outpatient Surgery Center**

**33080 Utica Road, Suite A**

**Fraser, MI 48026**

**If you have any questions regarding these instructions, please call the office at  
313.563.3937.**

Your one day post-op appointment will be the day after your surgery in our Dearborn office.  
You will receive your appointment time on the day of your surgery.

Thank you for choosing



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