



PRE AND POST-OP LASIK INSTRUCTIONS

PRE-OP INSTRUCTIONS FOR LASIK VISION CORRECTION

- Leave soft contact lenses out at least one week prior to surgery and hard/gas permeable lenses out for at least three weeks.
- Use preservative-free artificial tears four times a day for one week prior to surgery.
- Do lid scrubs two times a day (morning and night), starting four days prior to surgery.

Morning of Surgery

- Do not use **ANY** artificial tears or other eye drops.
- Do not apply any form of **make-up, lotion, after shave, scented deodorant, cologne, perfume, or body spray**. Non-Scented deodorants are permitted. Any scent will affect the programming of the laser.
- Eat a light meal at least two hours prior to surgery.
- Your visit will last approximately 2 hours.
- Arrange transportation for someone to drive you home after your procedure.

Payment for vision correction surgery

- Personal Checks (**No later than 5 days prior to procedure**)
- American Express, Visa, Mastercard, Discover, Money Orders and Cash.
- We also offer Care Credit financing

POST-OP INSTRUCTIONS

- Start your eye drop/drops when you get home.
- There may be variable discomfort in the first 24-72 hours. You may experience excessive tearing and your eyes may feel gritty. This is normal and may last up to one week. Using preservative-free tears more frequently may help relieve these symptoms.
- Wear the plastic goggles when you go to bed for the first week after your surgery. This is used to protect the eye/eyes when you are sleeping.

- Your vision will be blurry initially and will fluctuate for the first few weeks. This can last up to three months.
- You may notice light sensitivity and should wear sunglasses when outdoors.
- Go home and rest keeping both eyes closed as much as possible for the first 24 hours.
DO NOT RUB YOUR EYES.
- **Do not wear make-up for at least one week following surgery.**
- **No swimming, sauna, or hot tubs for two weeks following surgery.**
- Try to avoid dusty, dirty, sandy and windy environments as much as possible in the early weeks after surgery.
- Broken blood vessels or redness in the white part of the eye after surgery is very common and it may take up to three weeks for it to go away.

Date of surgery: _____

Surgery Location: Michigan Outpatient Surgery Center

33080 Utica Road, Suite A

Fraser, MI 48026

**If you have any questions regarding these instructions, please call the office at
313.563.3937.**

Your one day post-op appointment will be the day after your surgery in our Dearborn office.
You will receive your appointment time on the day of your surgery.

Thank you for choosing



2841 Monroe Street Suite 1

Dearborn, MI 48124

313.563.3937

36838 Ryan Road

Sterling Heights, MI 48310

586.480.2101